

A new life after
homelessness...

is possible!



Activity Report 2018

LA MAISON
DU PÈRE

Because every street
should have an exit.

LA MAISON
DU PÈRE

The logo consists of the text 'LA MAISON DU PÈRE' in a serif font. The word 'MAISON' is on the top line, 'LA' is to its left, and 'DU PÈRE' is on the bottom line. A decorative flourish connects the 'S' in 'MAISON' to the 'P' in 'PÈRE'. A small house icon with a lit window is positioned between the 'S' and 'N' of 'MAISON'.

Acknowledgement

Our 113 employees, healthcare and psychosocial professionals, as well as those of the support services and administration who make sure that solutions are found every day to ensure the well-being of our users ;

Our 200 volunteers who, beyond the tasks they accomplish in order to ensure Maison du Père's operations run smoothly, contribute considerably to the rehabilitation of our users through the bonds of trust they successfully create ;

The Trinitarians who generously offer their moral and spiritual support to the men of Maison du Père and to those who are institutionalized ;

Our client-volunteers who have complete, this year, more than 60,000 hours of work in various services of Maison du Père ;

The members of our board of directors who, through their personal expertise, support the directors in their decisions to ensure the solid management of the organisation as well as the development and adaptation of the services to meet the users needs ;

Our partner-businesses who provide us with goods, food products or services in order to help us reduce the Maison's operation costs ;

Our community partners with whom we have developed service exchange agreements to improve the quality of life of our users ;

Our partners in the healthcare, social services and legal systems with whom we cooperate to find solutions suited to the realities of the men we support ;

Our leaders in all three levels of government who approved budgets better suited to the needs that have been expressed for a few years now ;

Our donors, without whom we would be unable to maintain the quality and constant the development of our services, which are crucial elements in the achievement of our mission.

Message from the Chairman of the Board

Every year, Maison du Père shows hundreds of individuals that **it is possible** to get off the street, thanks to its 530 housing solutions and its many specially adapted services, including community health care.

It is possible thanks to its numerous partnerships with professionals from a range of different fields.

It is possible thanks to the growing financial support provided by various levels of government. Special thanks to the generosity and loyalty of its donors, without whom it would have been impossible to create so many integrated care services.



Fighting homelessness is a societal choice.

Thank you for choosing to help.

Stéphane Bilodeau
Chairman of the Board

Message from the Chief Executive Officer



Working at Maison du Père is more than a job for me; it is a passion. I am proud of the results my team has achieved and I feel fortunate to spend every day with people who have an extraordinary amount of courage.

I am worried, however. The number of homeless seniors in Montreal is growing at an alarming rate. We cannot keep up with it. Especially since their physical and mental condition will only continue to get worse.

That is why a large part of my team's activities will focus increasingly on the well-being of the aging homeless population, which is physically, mentally, socially and financially vulnerable.

We will make sure that they are housed and cared for with dignity. We will make sure that our services are adapted to their everyday reality.

My team has the necessary experience to help these disaffiliated men. However, we must be able to provide this team with the means to develop their full potential, not only through increased financing, but also by alleviating its users' precarious condition.

It is possible!

François Boissy
Chief Executive Officer

A new life after homelessness...



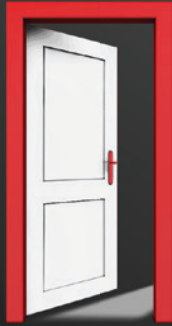
is possible!

530

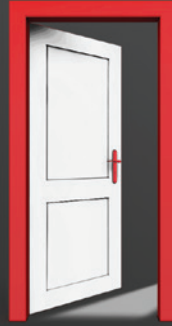
housing solutions



In-Home Assistance
200 clients under trustee



J.A.DeSève Residence
82 privates rooms



Social Reintegration
34 units + privates rooms



50/55 Program
8 privates rooms



Community healthcare
12 privates rooms



Emergency Shelter
194 units

Emergency Shelter

Maison du Père is for emergencies only.

FALSE

In 2018, the Shelter's beds represented **only 35%** of the housing services provided by Maison du Père. We are offering other solutions as well.

65% of its users are in a social reintegration or housing stabilization program.

It is always the same people using these services.

FALSE

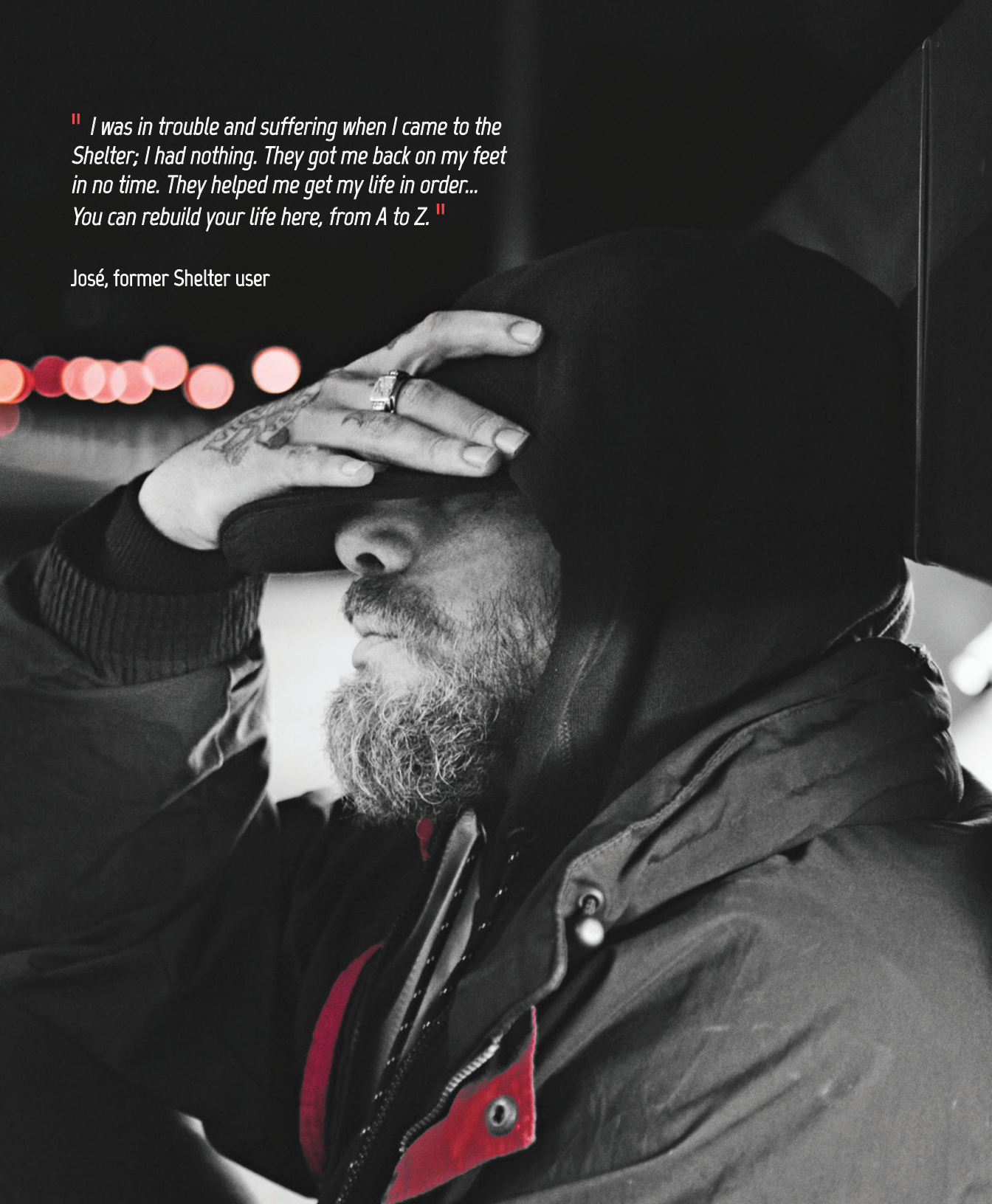
In 2018, **621 men** stayed at Maison du Père shelter **for the first time**.

The emergency housing service welcomes homeless men, listens to them and proposes various public and community programs to help them with their social reintegration. **1,700 men** have come through its doors this year.

A happy ending to homelessness – **It is possible!**

" I was in trouble and suffering when I came to the Shelter; I had nothing. They got me back on my feet in no time. They helped me get my life in order... You can rebuild your life here, from A to Z. "

José, former Shelter user



In-home Assistance

They do not want to change.

FALSE

Since 2015, thanks to a federal grant, Maison du Père has overseen Projet Logement Montréal*. The goal of this project was to place **250** chronically homeless people in private lodgings within 36 months, and provide them with psychosocial support. The goal was reached after only 27 months, and the in-home stability rate for the project sits at **93%**.


It is possible!

The provincial government recognized Projet Logement Montréal's excellent results and, in March 2018, provided it with the necessary financial support to find lodging and provide in-home assistance for an **additional 178 individuals** in the Montreal area.

Projet Logement Montréal is only one part of Maison du Père's in-home assistance service, as **150 another men** are regularly visited in their homes due to their unstable situation.

Stable housing with support is proving to be an integrated care solution that prevents recurring homelessness.

* Projet Logement Montréal regroups Montreal's 4 largest homeless organizations : Maison du Père, Accueil Bonneau, Welcome Hall Mission and Old Brewery Mission. This is the largest SRA project (Stabilité Résidentielle avec Accompagnement) in Canada.



"On November 6th, 2015, after 6 years of homelessness, I finally found myself at home. Today, in addition to housing, I have a job and also volunteer at Maison du Père. It is my way of thanking them for everything they gave me."

Chislain,
Projet Logement Montréal participant

Residence for homeless seniors

Fifty-five years is young to be living in residence.

FALSE

But living on the streets ages you prematurely.

At Maison du Père, aging is not a sign of years, but a sign of vulnerability. Many of the men we support show signs of chronic illnesses or cognitive disorders that are usually seen in people who are, on average, 10 years older*.

They chose to live this way.

FALSE

Our statistics show that, for some years now, an increasing number of men end up on the streets for the first time at an older age.

In 1998: 22.3 % of men at the Shelter were aged 50 and over;

In 2018: **70%**

Men who are **between 55 and 64** and do not have a workplace pension plan are the most likely to find themselves in a **highly precarious situation**.

- Some are unable to work due to health concerns but are too young to claim their public pension.
- Others are fit to work but are discriminated against because of their age. They cannot claim pension-related benefits nor disability benefits.

* Gonya, G.I., Mills-Dick, K. Et Bachman, S.S. (2010)

98% of homeless seniors in our care are able to maintain housing stability while acquiring healthy living habits.

Growing old with dignity...

It is possible.



Community Healthcare

You're losing sight of your mission.

FALSE

Community health care services allow us to reach people who would normally not access the conventional health care system because of the **discrimination they experience**.


Lack of proper care can then lead to **deteriorating health conditions** and repeated hospitalizations, sometimes for the same issue.

Maison du Père's clinical team does not limit itself to treating medical emergencies. It takes a **holistic approach**, examining the patients needs in light of their disaffiliated situation.

Our intervention and clinical staff brings hope to discouraged men through dialogue and by **helping them access the public network**. They show them that public services can be accessible and helpful.

Maison du Père's convalescent care service is also a **social reintegration opportunity** for many. Over the past year, **44%** of men who used the convalescent care service chose to join a program adapted to their needs to avoid going back on the street.





You duplicate the existing services.



We are part of the Health and Social Services Network. We offer complementary, integrated services.

Many partnerships were created over the last five years:

- A CLSC nurse is at the Shelter three days a week;
- A CIUSSS resident doctor visits every two weeks.

The service exchange goes both ways, as **40%** of our convalescent care beds are occupied by men referred by Montreal hospitals: CIUSSS de l'Est, Hôpital du Sacré-Cœur, CHUM, Hôpital Notre-Dame, Montreal General Hospital, Hôpital de Verdun, etc.

Since its creation, **385 people** have used Maison du Père's convalescent care service, for a total of **10,615 overnight stays**.

**Public and community collaboration:
it is possible and good for everyone!**

Palliative Care for Homeless Men

" It is a way of letting them know that they will not die alone, forgotten and uncared for, that they can count on us until the end... "

Francois Boissy,
Chief Executive Officer

Maison du Père's palliative services provide comfort and hygienic care to our Residence's homeless men and seniors to give them a **better quality of life**.

Medical monitoring is provided by the Palliative Home-Care Society of Greater Montreal, which has been active in this field for over 40 years. Their mission: "to enable all persons in the advanced stages of cancer or other life-limiting illness to remain in their home as long as possible, close to their loved ones, and conclude the final chapter of their life there."

The palliative care rooms at Maison du Père make it possible for residents to remain in their normal environment as long as possible, surrounded by their caring ones (employees, volunteers, peers) and to **die with peace and dignity**, like all Canadians.



Jocelyne, Volunteer

Before...

I started volunteering at Maison du Père six years ago. I barely knew anything about homeless people. I thought they were all alcoholics or mentally disabled.

After

After volunteering for a few weeks, I saw them in a completely different light. I learned about these men, who had had a hard life. Men who wanted to get off the streets.

When I mention Maison du Père to friends or relatives, they always comment: "You amaze me! I do not know how you do it!"

My answer is simple. I tell them that volunteering makes me feel good and that if I helped at least one person that day, by listening or doing anything else, it makes my day!

Maison du Père has changed my life. I have become more patient, more tolerant, and a better listener.



A new life after homelessness...

Mental health problems or intellectual disability

Public housing shortage

Job loss

Unstable jobs

No social protection

Addictions

(drugs, alcohol, gambling)

Institutional release without
preparation (ex: prison, hospital)

Physical health problems

Family break-up

Poverty





A roof

Emergency shelter, rooms and studio apartments, senior residence, rooming house and more.

Meals

Breakfast, lunch, dinner, snacks.

Personal care

Shower, clothing depot, shaving, laundry service and more.

Healthcare services

Emergency care, convalescent care unit, medication management, referrals (treatment centre, healthcare and social services network), physical and mental health checkup, medical assistance and more.

Administrative support

Identification renewal, social assistance and old-age security pension applications, tax returns, banking service, budget management, voluntary trust service, legal support and more.

Social life support

Socialization activities, group workshops, sports activities, animal-assisted therapy, art therapy, board games, family reconciliation and more.

Social reintegration

Transition back into community from an institution (prison, hospital), community kitchen, individual psychosocial care, employability programs, education programs, work placement, affordable housing search and more.

In-home assistance

Home cleaning assistance, grocery store escort, medical assistance, landlord/tenant mediation and more.

And much more...

Community service and compensatory work, chaplaincy, palliative care, funeral service, second-hand clothes...

is possible.

Social Reintegration

The men become dependent on your services.

FALSE

Maison du Père's social reintegration services offer various programs to homeless men to help them **regain their autonomy in all aspects of their lives**: financially, professionally, academically, legally, psychosocially, etc.

Each participant identifies the skills he needs to re-acquire and issues he needs to resolve to regain control of his life.

Services are made possible thanks to relationships we have developed with several community and government partners: Clinique Droits Devant, Destination Emploi, SARCA, Au/lab, Travail sans-frontières, Emploi-Québec, etc.

In 2017, **73%** of our participants had accomplished their goals when they left the program.

Regaining your autonomy, **it is possible...**



" It is surprising to see how motivated the men I help are [...].

Every day, they inspire me deeply with their courage, perseverance and drive. "

Jean-François, Social worker

Community Partners

Projet Logement Montréal partners
(Maison du Père, Welcome Hall Mission,
Old Brewery Mission and
Accueil Bonneau)

Member, Leave a Legacy Québec

Member, Canadian Housing and Renewal
Association

Member, SHU (homelessness emergency
committee)

Member, Board of Trade of Metropolitan
Montréal

Member, Chambre de commerce de l'Est
de Montréal

Member, Commerce solidaire

Partnership with the CIUSSS Centre-Sud

Partnership with the Douglas Mental
Health University Institute

Partnership with the SDSVM

Partnerships with Emploi-Québec,
including the PAAS Action and PAMT
programs, and with Canada
Summer Jobs

Partnership with Caisse Desjardins du
Quartier-Latin

Abri de la Rive-Sud

AU / LAB

Le Boulot Vers

Café Brossard

La Casa Bernard-Hubert

CDA-TEQ

Cégep Marie-Victorin

Cégep du Vieux-Montréal

Cégep Maisonneuve

Cégep Ahuntsic

Centre Dollard-Cormier (CRDM)

CHSLD Saint-Georges

Clinique médicale Caméleon

Lasalle College

Centre de crise le Transit

Centre d'hébergement du Manoir-
de-l'Âge-d'Or

Centre Sheraton Montréal

CHUM

Clinique Droits Devant

Département T.I.

Desjardins gestion immobilière

Destination emploi

Diogène

École des métiers des Fau-
bourgs-de-Montréal

École Internationale de Zoothérapie

École des métiers du meuble de Montréal

EMRII, SPVM community
relations workers

Service agreement with the
CLSC des Faubourgs

Enviro Connexions

Établissement de détention de
Rivière-des-Prairies

Exode

Fédération des OSBL d'habitation de
Montréal

Fondation d'aide aux handicapés du
Québec

G.I.T.

Hector Larivée

Horizon Nature

Hôpital Notre-Dame

Institut de tourisme et
d'hôtellerie du Québec (ITHQ)

Institut universitaire en santé mentale de
Montréal

Kiné-concept

Monsieur Liem Nguyen, podiatre

Maison Amaryllis

Maison l'Envolée

Médecins du monde

Moisson Montréal

Mondou

Office municipal d'habitation de Montréal
(OMHM)

Palais des congrès

Parados

Pas de la rue

Pavillon Hamford

Pharmacie Brigitte-Tarteaut

Pharmacie Germain Chartier & Livio
Parolin

Pharmacie Bitar-Savoie

Portage

PPG Architectural Coatings

Premier Arrêt / First Stop

Pro Bono, Students Canada, Université de
Montréal section

Le Relais

Roger Morin

Sac à dos

SARCA

Sentier Urbain

Société de Développement Social

Solutions Informatiques INSO

Soutien au projet VIH CHUM St-Luc

SPA de la rue

Spectre de rue

Société de soins palliatifs à domicile du
Grand Montréal

Société d'habitation et de développement
de Montréal

La Tablée des Chefs

Toit rouge

Toxico Stop

Tracom

Travail sans Frontières

Université du Québec en Outaouais

Université de Montréal

McGill University

Urgence Psychosociale-Justice (UPS-J)

Vétérans UN-NATO Canada

Viandes Décarie

W Hôtel Montréal

YMCA Centre-Ville et
Complexe Guy-Favreau

Other Adapted Care

Regard collectif

Since August 2017, a professor from Université de Montréal's School of Optometry and his students have visited the Maison every two weeks to provide **full eye examinations and high-quality glasses**. A key Maison du Père worker is in charge of recruiting patients and creating bonds of trust with the optometry team.

This past year's results have shown that our disaffiliated users truly needed this:

- **100** full eye examinations;
- **96** glasses ordered and delivered;
- **17** medical or ophthalmology referrals.*



Argon

Over the past year, Maison du Père has been trying out a new intervention method with Argon, our first service dog trained by the Mira Foundation to improve the well-being of homeless people. **The dog defuses crises and encourages discussions between users.**

Our support dog has carried out over **750 interventions**.

* Source : Dr Benoit Tousignant, optometrist, Université de Montréal's School of Optometry

530

housing solutions

171,610

nights of accomodations

409,804

meals and snacks

274,171

articles of clothing provided

536,190

articles of clothing, bedding and towels washed



Annual Operating Cost

\$ 7,992,785

Subsidized portion

30.6%

Private contribution needed

\$ 4,630,000



Our employees

113 employees

186,013 hours worked

53% men, **47%** women

Multiethnic, multilingual

72 % Intervention : psychosocial professionals, nurses, client care attendants, recreational activities technician, intervention support

20 % Support services: food service and receipt of goods, upkeep and maintenance service, clothing depot, laundry service, second-hand clothes

8% Administration, finances and human resources

2,737 hours of internships: social work, special education, delinquency, nursing, medicine, cooking school or trades

2,651.25 hours of training

95% of employees are certified in First Aid and CPR (Cardiopulmonary Ressuscitation)

The increasingly complex difficulties faced by our users require us to fall back on a workforce that is more clinically qualified.





The Trinitarians

The Trinitarians have managed Maison du Père for more than 30 years. Though it is currently under secular direction, they continue to play an important role within the organization, providing moral and spiritual support to the impoverished men, whatever their religion.

The residents and men in our Shelter are invited to celebrate mass every evening at Maison du Père's chapel. Trinitarian members also visit prisons and hospitals, in order to bring hope and comfort to the homeless men.

They provide end-of-life spiritual support to ensure that each man passes serenely and with dignity. In 2018, they held funeral services for 32 homeless men.

The Trinitarians... a comforting strength within Maison du Père.



Foundation



Pierre Seccareccia
President, Board of Director

Maison du Père's Foundation was created in 2005 to exclusively support Maison du Père's activities and to ensure its sustainability. Over the past few years, its teams have spent a great deal of energy to form alliances and create events collecting the necessary funds to develop the innovative services meeting to the needs of its users.

Solicitation by mail

A large part of our foundation funds come from donations received by way of our mailouts, including three newsletters. We believe it is important to raise awareness in the community about homelessness, combat the prejudices associated with it and demonstrate our donors the scope of our actions toward the least fortunate.

Casual Ball

Since 2008, Maison du Père's Foundation has held a fundraising event each spring, bringing together business people from different backgrounds. We would like to thank Mr. DeSerres, CEO of DeSerres, for his involvement as Honorary Chair of the 11th edition of the Casual Ball, held on April 28th, 2018. Thanks also to Tammy Verge and Antoine Vézina for hosting the event.

Legacy Gift

The legacy gift is also a significant source of income for Maison du Père's Foundation. More and more donors are choosing to leave a fixed amount, a percentage or the residue of their property. Through this gesture of solidarity, they immortalize their support for the work Maison du Père does with the homeless, without affecting their personal financial situation.

Dedicated donations

An increasing number of donors, businesses and institutions want to support a specific project, through a single donation or over an extended period.

Dedicated donations were allocated to various Maison du Père services or needs: health care, palliative care, residence for homeless seniors, social reintegration, refrigerated trucks, kitchen equipment, etc.

Each donor was given a level of visibility corresponding to its financial contribution, as per the terms of the Fondation's recognition program.

Large Donors

Exceptional Partners

Fondation J.A. DeSève



FONDATION
MARCELLE ET JEAN COUTU

Principal Partners

Fondation J.-Louis Lévesque

OEUVRES REGIS-VERNET

Special Project Partners



Major Partners

Les Soeurs de Saint-Joseph de Saint-Hyacinthe
Fonds Marie-François

Fondation Jacques et Michel Auger
Investissement Guy Locas

Key Partners

Famille DeSerres
Marius Cloutier
Fondation Lise et Richard Fortin
Kruger
Ivanhoé Cambridge
Soeurs Franciscaines M.I.C
Métro

CN employees' and pensioners' community fund
Fondation Émilie-Tavernier-Gamelin
Fondation Famille Zeller
Fondation James Barrière
Fondation de bienfaisance T.A. St-Germain
Tim Hortons Advertising and Promotion Funds (Canada) inc.

Canada 

Québec 

Montréal 

Our volunteers



200 regular volunteers

Present at least

3 hours / week

31,200 hours

19% are students

35% have jobs

46% are retired

Men, women

From 18 to 90 years old

Multiethnic, multilingual

Other volunteers

The men in the Shelter, in social reintegration programs as well as those who must complete compensatory work, have offered more than **61,920** hours to Maison du Père this year.

More than **400** occasional volunteers (employees of a business, members of a professional organization).

The members of our boards of directors.

Roles & services of our volunteer teams

Food service

(kitchen and service)

Friendly visits

(residence, palliative care)

Receipt of goods

Maintenance

(painting, upkeep)

Clothing service

(clothing depot, store, sewing, laundry)

Shelter reception

Medical accompaniments

Community activities

(cultural, musical, sports, educational and recreational)

Various types of care

(hairstyling, massage therapy, foot care, animal assisted therapy)

Corporate Volunteering

Many companies choose Maison du Père to offer their employees a rewarding and engaging experience.

We would like to thank:

Association Ath Jennad

Association Libanaise

Frenche of Canada

BDC

Centre Sheraton

Cominar

Deloitte

GTI

Ivanhoé Cambridge

Jeune barreau de Montréal

Restaurant Phuong Thao

Lion's Club Liban

Marriott

Marsh Canada Limited

Mondou

PACCAR

Power Corporation

PSP

Rona

Sobey's

Stikeman Elliot

The co-operators

Transat

Veterans UN-NATO CANADA

Zitta





Sandrine, Social worker at the J.A. DeSève Residence

Before...

I did not know much about homelessness and I had a very reductive view of it. I thought that it was people's own fault if they were homeless and that they could get out of the street if they tried. It seemed to me that there were many easily accessible resources available to help them, and that they remained homeless because they were not motivated enough. I put a lot distance between myself and them, believing that we were very different, probably because I was afraid of the unknown.

After

Helping these men has given me a completely different perspective. I have met men who are like me, and who have faced unimaginable challenges. I respect their strength and resilience enormously. Today, I see how hard it can be to get off the streets, as I have witnessed organizational obstacles, the lack of resources and how little empathy they receive. I've witnessed the consequences that plague them, and I am proud of being able to help improve their quality of life. I now see the individual rather than the homeless, and I have made it my personal duty to share my experience with those who have not had the chance to spend time with these men.



2018-2019 Goals

1. Investigate potential ways to expand our homeless senior housing with services adapted to their specific needs ;
2. Develop clinical services for homeless people (average age of 56) with the addition of a geriatric assessment and reaffiliation wing for homeless people, in collaboration with the health and social services network ;
3. Deploy palliative care services for people who are or have been homeless ;
4. Investigate potential ways to expand our housing for our social and occupational reintegration program with services adapted to the specific needs of homeless veterans and of homeless men aged 50 to 55 with work reintegration issues ;
5. Develop phase 3 of Projet Logement Montréal which aims to house and provide assistance to another 250 or more chronically homeless people ;
6. Develop partnerships for donations of food, personal care products and various equipment ;
7. Prepare activities for Maison du Père's 50th anniversary, including the launch of a major fundraising campaign ;
8. Provide ongoing training for social workers and support staff.

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LA MAISON DU PÈRE

530 HOUSING SOLUTIONS

TO SUPPORT US

ONLINE

maisondupere.org

BY PHONE

514-845-0168, poste 316

BY MAIL

550, René-Lévesque Blvd. East
Montreal, Quebec, H2L 2L3

LEGACY GIFT

514-845-0168, ext. 313

Because every street should have an exit...